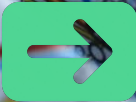


Rehabilitation Road Map

Jillian Harris OTD Student UCA Capstone

**Mentors: Dr. Lorrie George-Paschal PhD, ORT/L, ATP, Sheila Beck MSPT CBIST,
and Bradi Dawson MS**



Contributors

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Origin of Idea

The creation of this Road Map is attributed to my involvement with the Conway Brain Injury Community, as well as the THRIVE support group from the UAMS Brain Injury Program. The direction and overall completion of this map could not have been done without each individual's involvement.

Icon Key

Back to the Map



Back to the Region Index

Back to the
Region Index

Back to the Description Section



Next Slide

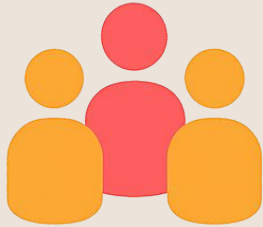


Next Part of the Resource Section

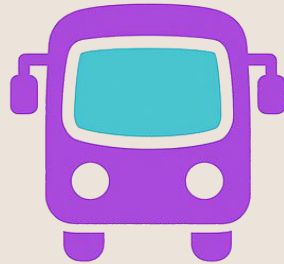


Description of the “Road Map”

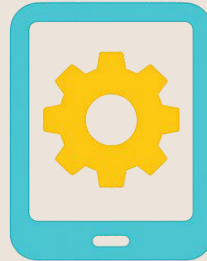
This interactive Google Slides "Road Map" is designed to help patients with traumatic brain injury (TBI) and their families easily access regional resources throughout Arkansas by clicking on their area of residence. The map connects users to vital support as they transition back home, offering quick links to services such as these below! Click below to see what each section has to offer! To skip to Online Resources click [HERE](#)



**Support
Groups**



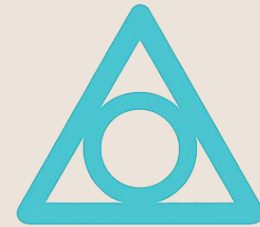
**Transportation
Services**



**Assistive
Technology**



**Community
Resources**



**Substance
Abuse
Resources**





What to Expect: Support Groups

This section offers a detailed list of in-person support groups for people with traumatic brain injury (TBI), as well as their caregivers and family members. These groups provide a safe, welcoming space where people can connect, share their experiences, ask questions, and find emotional support from others who understand what they're going through.

- **Format:** Information is organized in chart form, sorted by location within each region (1-9)
- **Includes:** Group names, physical meeting locations, times, contact phone numbers, and facilitator details
- **Note:** In addition to listings from the selected region, support group options from surrounding counties are included to increase accessibility, especially for rural or underserved areas





What to Expect: Transportation Services

This section highlights transportation options that help people with TBI get to medical appointments, rehab centers, community programs, and other important services. It includes low-cost, Medicaid-funded, and community-sponsored services to make sure travel is easy and affordable for everyone.

- **Format:** A detailed chart format including the transportation provider name, service area, phone number, services offered, and how to utilize the services
- **Includes:** Non-emergency medical transport, public or regional transit systems, and community mobility programs specifically serving individuals with disabilities
- **Note:** Transportation options from nearby counties are included when they serve overlapping service areas or offer broader route coverage





What to Expect: Assistive Technology

This section shares helpful resources for assistive technology that support people with TBI in gaining more independence, improving communication, moving around, and handling daily tasks. The tools and services include things like mobility aids, communication devices, and adaptive equipment for use at home or at work.

- **Format:** A structured chart that lists the name of each organization or provider, county served, physical address, phone number, and services offered
- **Includes:** Assistive device demonstration sites, lending libraries, evaluation centers, and providers of adaptive home and vehicle modifications
- **Note:** If certain assistive technology services are not available in the user's region, resources from nearby counties are included to ensure access



What to Expect: Community Resources



This section provides helpful information about local services that support TBI patients and their families as they adjust and reconnect with their communities. These services are here to make life a little easier and offer support in many ways. You can find resources on mental health, occupational therapy, physical therapy, and speech therapy services within these sections. There is information on how to access these, as well as payment and eligibility information. For other resources such as, food pantries, financial aid offices, legal services, housing programs, employment centers, and peer support services within your area visit [HERE](#) and follow the link to other resources within your area!

- **Format:** Presented in chart form with columns for service name, county, contact number, address, and description of services
- **Includes:** mental health, occupational therapy, physical therapy, and speech therapy, and some vocational services
- **Note:** Counties adjacent to the region are included to offer a wider range of services when availability in the user's home county is limited



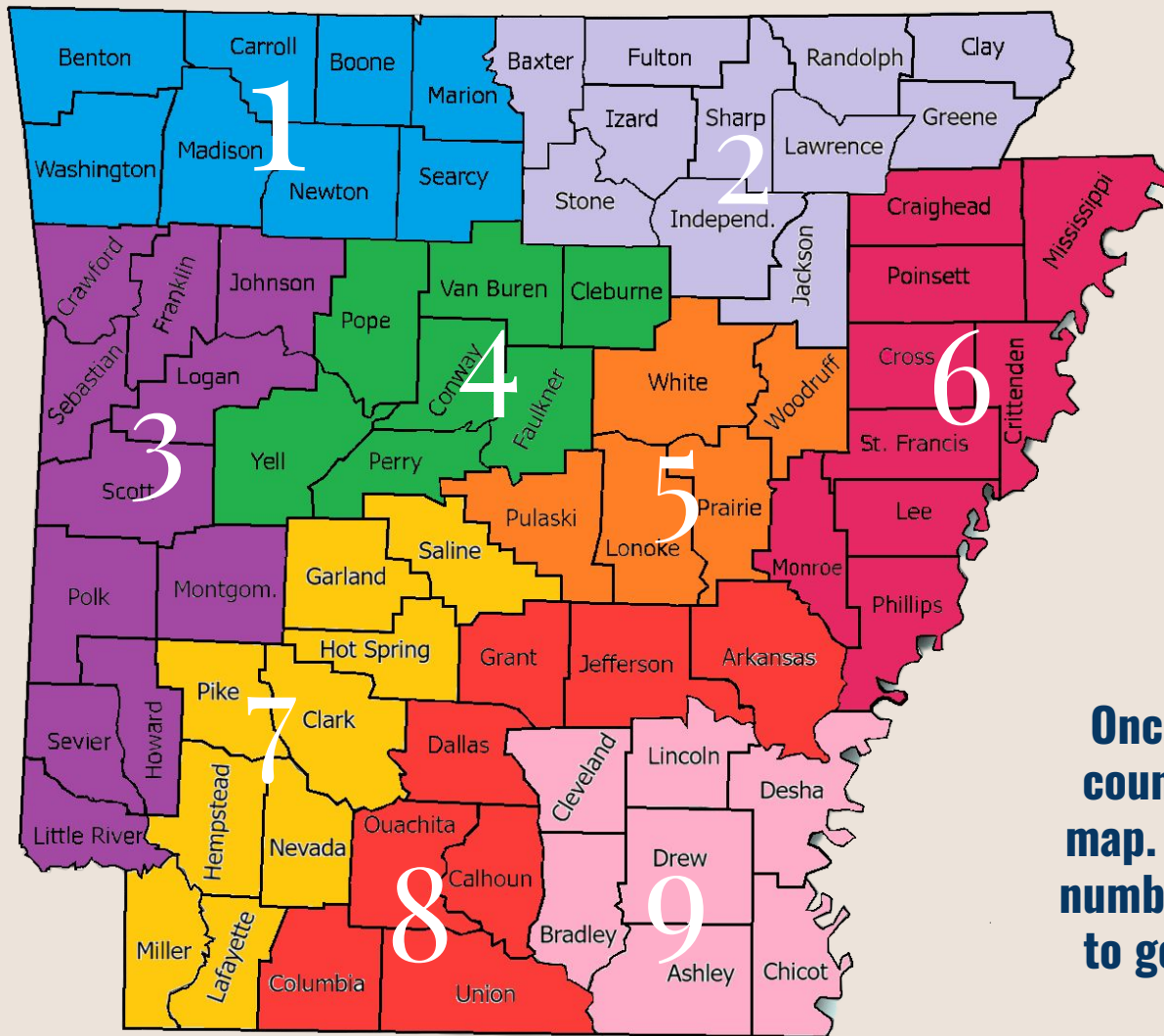
What to Expect: Substance Abuse Disorder Resources



This section can be found in the Online Resources section. It has information on finding meetings near you, peer support, sponsorship, and other information that you can access dependant on your location in Arkansas. To access the Alcoholics Anonymous and Narcotics Anonymous Online Resources section click [HERE](#).

- **Format:** Information is displayed in chart form and includes the group name, meeting day and time, physical location, and local contact for questions
- **Includes:** Both daytime and evening meeting options to suit a variety of schedules, as well as contact details for local intergroup offices
- **Note:** Meetings in surrounding counties are also listed to give users additional options and increase their chances of finding a nearby support location





**If you don't know
what county you
live in, you can
click this link and
put your zip code or
address in!**

**[https://www.randy
majors.org/countyg
map?state=AR&one
state=show&labels=
show](https://www.randymajors.org/countygmap?state=AR&onestate=show&labels=show)**

**Once you know your
county, find it on the
map. Then click on the
number within the area
to get to your region**



Region 1 Index

- Support Groups
- Transportation
- Assistive
Technology
- Community
Resources
- Substance Abuse
Resources









Counties Here:

- Benton
- Washington
- Madison
- Carroll
- Boone
- Searcy
- Marion
- Newton











Region 1: Support Groups

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Region Index

County	Group Name	Location and Address	Meeting and Contact Information	Website Link	Surrounding Counties
Washington	Fayetteville Brain Injury Survivor Group	 Encompass Health Rehabilitation Hospital – Day Room 153 Monte Painter Dr., Fayetteville, AR	 1st Monday of each month, 3:00–4:30 PM	 biaarkansas.org	Boone, Madison, Carroll
Washington	TBI Support Group — Sources for Community Independent Living Services, Inc.	 Sources for Community Independent Living Services, Inc. 1918 N. Birch Avenue, Fayetteville, AR	 Sherry Priestaf: 479-442-5600 / 1-888-284-7521  priestaf@arsources.org  July 17 Contact for meeting schedule	 brainandspinalcord.org	Boone, Madison, Carroll












Region 1: Transportation

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County Areas	Service Name	What It Offers	How to Access	Payment & Eligibility
Boone, Baxter, Carroll, Searcy, Marion, Madison	Northwest Arkansas Economic Development District (NWAEDD)	 Rural public transportation services including scheduled rides for medical appointments, shopping, and more	Call  (870) 741-5404 or visit nwaedd.org/transportation  818 Hwy 62/65/412 North, Harrison, AR 72601	 Fees vary by trip; available to general public and seniors. Eligibility may depend on funding in your county
Washington County (Fayetteville)	Fayetteville On Demand Taxi & Transit Program	 Transit passes and taxi voucher program for essential trips like medical appointments	Call  (479) 575-8260 or visit fayetteville-ar.gov/695/Taxi-and-Transit-Passes  113 West Mountain Street, Fayetteville, AR 72701	 Vouchers for eligible residents (often income- or need-based); application through city transit





























Region 1: Assistive Technology ICAN

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Region Index

Name	What it Offers	Who it Helps	How to Access
Fayetteville Source / ICAN	Assistive technology loans, device reuse, and evaluations through iCAN's Northwest Arkansas source center.	Individuals with disabilities in Northwest Arkansas seeking AT support.	 1918 N. Birch Avenue, Fayetteville, AR 72703  479-442-5600  Link
Bentonville Schools Special Services / ICAN	School-based assistive tech evaluations, training, and resources in partnership with iCAN.	Students with disabilities in the Bentonville School District.	 Attn: Brie Norton, 1000 SE 14th Street, Bentonville, AR 72712  479-418-7350  Link
Fayetteville – AT@Work / ICAN	Job-focused assistive technology services including evaluations and accommodations through AT@Work.	Individuals with disabilities needing AT in employment settings.	 3715 N. Business Drive, Suite 104, Fayetteville, AR 72703  479-521-5376  Link
Arkansas Rehabilitation Services (ARS)	Rehabilitation services including AT assessments, vocational rehab, independent living support.	Arkansans with physical, cognitive, sensory disabilities.	 501-296-1600 / Toll-Free 800-330-0632  ARS local office map (dws.arkansas.gov , dws.arkansas.gov , acl.gov)

Region 1: Community Resources

[Back to the Region Index](#)

County Areas	Service Name	What It Offers	How to Access	Payment & Eligibility
Benton, Washington, Madison, Carroll, Boone, Searcy, Marion, Newton	UAMS Fayetteville Outpatient Therapy Clinic	 In-person OT, PT, and Speech  Telehealth services	 Call (479) 713-8701  1125 N. College Ave., Fayetteville, AR 72703  FindHelp Listing	 Sliding scale available  Medicaid and private insurance accepted
Benton County	Arkansas Rehabilitation Services – Benton Office	 In-person OT & speech therapy  May include assistive technology supports	 Call (501) 317-1390  Email: ACECommunications@arkansas.gov  Address: 1000 W. Monroe Ave, Lowell, AR 72745	 Insurance accepted  State rehab services; eligibility varies by disability status
Benton, Washington, Boone, Madison, Carroll, Marion, Searcy, Newton	Friendship Community Care – Adult Therapy Services	 OT, PT & Speech for adults  Developmental & rehab services	 Call (479) 636-0200  Multiple clinic locations in NWA  friendshipcommunitycare.org	 Low-cost or free via grant programs  Accepts Medicaid/private insurance; sliding scale available
All listed counties	AR Medicaid Therapy (Adult Home Health, Rehab)	 OT, PT, and Speech through rehab or home care  Telehealth in some programs	 Request referral from PCP  Statewide Medicaid-approved clinics  AR Medicaid Portal	 Free through Medicaid  Must be Medicaid-eligible & have provider referral

Region 2 Index

- Support Groups
- Transportation Services
- Assistive Technology
- Community Resources
- Substance Abuse Resources











Counties Here:

- Baxter
- Fulton
- Izaard
- Stone
- Sharp
- Independence
- Lawrence
- Randolph
- Greene
- Jackson
- Clay





Region 2: Support Groups

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Region Index













County	Group Name / Resource	Location and Address	Meeting & Contact Info	Website Link	Serves These Counties
Stone	TBI Support Group	 Fellowship Cumberland Presbyterian Church – Basement/Hall Hwy 5 S & Cooper St., Mountain Home, AR 72653	 1st Saturday monthly, 10:00–11:30 AM  Dr. Vann Smith: 870-424-3424	 brainandspinalcord.org	Searcy, Van Buren, Cleburne, Izard
Fulton, Independence, Izard, Sharp, Stone, Jackson	White River Area Agency on Aging – Region II(TBI support & aging services)	 3998 Harrison St., Batesville, AR 72503	 870-612-3000 / 1-800-382-3205	 wraaa.com	Cleburne, Fulton, Independence, Izard, Jackson, Sharp, Stone, Van Buren, White
Clay, Greene, Lawrence, Randolph, Jackson	East Arkansas Area Agency on Aging – Region III	 2005 E. Highland Dr., Jonesboro, AR 72403	 870-972-5980 / 1-800-467-3278	 e4aonline.com	Clay, Craighead, Crittenden, Cross, Greene, Lawrence, Randolph

Region 2: Transportation Services

County Area	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET (Non-Emergency Transportation)	 Rides to Medicaid-covered appointments using wheelchair/lift-equipped shared vans	 Call 1-888-987-1200 at least 48 h before  NET Program Info (eafhc.org , humanservices.arkansas.gov)	 No-cost with Medicaid / ARKids First-A
All listed	Verida NEMT (Arkansas Medicaid Broker)	 Broker-arranged wheelchair-accessible rides to medical appointments	 Region B (covers all these counties): 1-888-833-4130  Verida Arkansas Members	 No-cost with Medicaid
Baxter, Marion	Ozark Mobility NEMT – Baxter County	 Local non-emergency, accessible medical transport	 (870) 425-6475 (Ozark Mobility, Mountain Home)	 Typically free/low-cost; Medicaid billing possible



Region 2: Transportation Services Pt. 2

County	Service Name	What it offers	How to Access	Payment/ Eligibility
Baxter	North Arkansas Transportation Service (NATS)	 Community transit including wheelchair-accessible vans for medical needs	Via City of Mountain Home / Baxter County	 Medicaid/Medicare accepted
Jackson, Greene, Lawrence, Clay, Randolph	East Arkansas Family Health Center – Medical Transport	 Local & long-distance NEMT, ADA-equipped vehicles	 (870) 735-3842  EAFHC Transportation	 Free for Medicaid patients
Greene (Jonesboro)	Jonesboro JETS Paratransit	 City paratransit with lift-equipped vans for those unable to use fixed-route	 JETS Paratransit Info	 Medicaid/Medicare billing possible
All listed	Arkansas Brain Injury Council – Accessible Travel	 Resource & referral hub for brain injury-friendly travel in Arkansas	 UAMS Accessible Travel	 Not a provider; info/referral only



Region 2: Assistive Technology

Name	What it Offers	Who it Helps	How to Access
Fayetteville Source / ICAN	Assistive technology loans, device reuse, and evaluations through iCAN's Northwest Arkansas source center.	Individuals with disabilities in Northwest Arkansas seeking AT support.	📍 1918 N. Birch Avenue, Fayetteville, AR 72703 📞 479-442-5600 🌐 Link
Bentonville Schools Special Services / ICAN	School-based assistive tech evaluations, training, and resources in partnership with iCAN.	Students with disabilities in the Bentonville School District.	📍 Attn: Brie Norton, 1000 SE 14th Street, Bentonville, AR 72712 📞 479-418-7350 🌐 Link
Fayetteville – AT@Work / ICAN	Job-focused assistive technology services including evaluations and accommodations through AT@Work.	Individuals with disabilities needing AT in employment settings.	📍 3715 N. Business Drive, Suite 104, Fayetteville, AR 72703 📞 479-521-5376 🌐 Link
Arkansas Rehabilitation Services (ARS)	Rehabilitation services including AT assessments, vocational rehab, independent living support.	Arkansans with physical, cognitive, sensory disabilities.	📞 501-296-1600 / Toll-Free 800-330-0632 🌐 ARS local office map (dws.arkansas.gov , dws.arkansas.gov , acl.gov)































Region 2: Assistive Technology Pt. 2

[Back to the Region Index](#)

Name	What it Offers	Who it Helps	How to Access
Assistive Technology at Work (AT@Work) – Regional Workforce Centers	Workplace AT assessments, job-site consulting, assistive device demos via iCAN.	Job seekers and employees with disabilities in vocational rehab.	Through local Workforce Development centers in Fulton, Randolph, Sharp, Izard, Independence, Baxter, Stone etc.
Baxter County FEMA Disaster Recovery Center (DRC)	Provides assistive technology and accessibility accommodations during disaster recovery.	County residents with disabilities needing access support post-disaster.	 1042 Highland Circle, Mountain Home, AR 72653 (Tues/Thurs/Sat 10 a–4 p)
Medical Equipment & Disability Aid Providers (e.g., Baxter Health, Salem, Mountain View)	Durable medical equipment: wheelchairs, hospital beds, ramps, hospital home modifications.	Individuals needing AT and mobility support in stone, sharp, izard, greene, clay, jackson, lawrence, independence.	Varies by county—e.g., Stone County Medical Supply (Mountain View, Stone), Camden Medical Supply (Mountain Home, Baxter), Tri-County Medical Supply (Salem, Fulton), Stevens & Stevens (Paragould, Greene), Seals Pharmacy (Piggott, Clay).
Fulton County Community Services (Head Start & Health Clinics)	Health screenings, prescription assistance, and info on medical equipment programs.	Low-income families and individuals in Baxter, Fulton.	 Baxter Christian Clinic (870-425-5010), Mammoth Spring Family Health (870-625-1709), Salem Clinic (870-895-3434)

Region 2: Community Resources

[Back to the Region Index](#)

County	Service Name	Services Provided  	How to Access  	Payment & Eligibility  
Baxter, Fulton, Greene, Jackson, Randolph	UAMS Northeast Regional Campus Outpatient Therapy Clinic	 In-person PT, OT, Speech  Telehealth	 (870) 972-0063  311 E. Matthews Ave, Jonesboro, AR 72401  Visit UAMS	 Sliding-scale fees  Medicaid & insurance accepted
Sharp, Izard, Stone, Independence	Unity Health Therapy Services	 In-clinic PT (orthopedic, neuro, post-surgical rehab)	 (501) 278-2800  3214 E. Race Ave, Searcy, AR 72143  Visit Unity Health	 Insurance & Medicaid accepted  Sliding scale may apply
All listed counties	Arkansas Medicaid Therapy Providers	 PT, OT, Speech  Some telehealth providers	 Ask PCP for referral  Find Medicaid Providers	 Free if Medicaid-eligible
All listed counties	Arkansas Rehabilitation Services (ARS)	 OT, Speech, Assistive Tech, Vocational Rehab	 (501) 296-1600  Visit ARS	 Free for adults with disabilities (TBI, stroke, etc.)

Region 3 Index

- Support Groups
- Transportation Services
- Assistive Technology
- Community Resources
- Substance Abuse Resources










Counties Here:

- Crawford
- Sebastian
- Franklin
- Logan
- Johnson
- Scott
- Polk
- Montgomery
- Sevier
- Howard
- Little River















Region 3: Support Groups

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Region Index

County	Group Name	Location and Address	Meeting & Contact Information	Website Link	Surrounding Counties
Johnson	TBI Support Group	 1137 S. Rogers St., Clarksville, AR 72830	 Meets monthly for lunch (contact for schedule)  Jim Spragins: 479-890-5751  jbspragins@ars.state.ar.us	 brainandspinalcord.org	Franklin, Logan, Pope, Yell
Sebastian	Fort Smith Brain Injury Survivor Group	 Waychoff Senior Center, 320 Trailwood Dr., Heber Springs (Note: address seems mismatched—see note below)	 2nd Monday of each month, 1:30–3:00 PM  arkansasbia@gmail.com	 biaarkansas.org	Crawford, Franklin, Logan, Scott











Region 3: Transportation Services

[Back to the Region Index](#)

County Area	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET (Non-Emergency Transportation)	 Shared rides to Medicaid-covered medical appointments; wheelchair/lift-equipped vans (southeastrans.com)	 Call 1-888-987-1200 at least 48 h ahead  NET program info	 Free with Medicaid / ARKids First-A
All listed	Verida NEMT (Arkansas Medicaid Broker)	 Brokered, wheelchair-accessible medical transport for Medicaid members	 Region D Helpline: 1-888-822-6155  Verida Arkansas Members  Free with Medicaid	
Crawford, Sebastian, Franklin, Logan, Johnson, Polk, Scott, Yell	Western Transit System (WTS)	 Rural transit with wheelchair-accessible vans for non-emergency medical and essential trips	 1-855-642-0060 or 479-424-2098  Aging West – Transportation	 Fare-based; Medicaid/Medicare billing possible





Region 3: Transportation Services Pt. 2

Counties	Name of Service	Who they Help	How to Access	Payment/ Eligibility
All listed	Area Agencies on Aging / Regional Senior Transport	 Medical & essential rides for seniors with ADA-accessible vehicles	 Regional AAAs (call central info: 866-245-5498)  Arkansas Area Agencies on Aging – Transportation	 Free/low-cost for age 60+; Medicaid eligible
Sebastian, Crawford, Franklin, Logan, Polk, Scott	Crawford–Sebastian Community Development Council (CDC)	 Social service-oriented transport (may include NEMT for disabled adults in emergencies)	 Contact local CDC office (Fort Smith area)	 Typically low-cost/free via grant-funded programs
All listed	Arkansas Brain Injury Council – Accessible Travel	 Referral & guidance on accessible transportation options across Arkansas	 UAMS Accessible Travel & Transportation	 Informational; not direct provider

Region 3: Assistive Technology

Name	What it Offers	Who it Helps	How to Access
Increasing Capabilities Access Network (iCAN)	AT device reuse, demos, training, info.	Arkansans with disabilities or health issues.	<p>📍 5401 S. University Ave., Little Rock, AR 72209</p> <p>☎ 501-666-8868 / 800-828-2799 🌐 ar-ican.org</p> <p>📍 Fayetteville Location 1918 N. Birth Avenue Fayetteville, Ar 72703 ☎ (479)442-5600</p> <p>🌐 https://equipment.ar-ican.org/program/programdetails?id=507</p>
Telecommunications Access Program (TAP)	Free telecom equipment.	Arkansas residents with certified disabilities using personal telecom services.	🌐 TAP Application & Info
Alternative Financing Program (AFP)	Low-interest loans for AT devices/services.	Arkansas residents with disabilities.	<p>☎ 501-296-1663 ✉ afp@dws.arkansas.gov</p> <p>🌐 dws.arkansas.gov</p>
Assistive Technology at Work (AT@Work)	AT assessments, consultation via workforce centers.	Clients in vocational rehab, job-seekers needing workplace accommodations.	<p>📍 Fort Smith Workforce Center (serving Crawford, Franklin, Logan, Sebastian, Scott, Polk) ☎ 479-783-0231 (dws.arkansas.gov, dws.arkansas.gov)</p>


































Region 3: Community Resources

Name	What it Offers	Who it Helps	How to Access
TBI Crisis Stabilization Unit – Fort Smith	Mental health crisis support for TBI survivors.	Individuals with TBI in Sebastian, Crawford, Franklin, Logan, Scott, Polk.	 3113 S. 70th St., Fort Smith, AR 72903  479-785-9480
Western Arkansas Counseling & Mental Health Center	Behavioral health; includes AT for mental/behavioral impairments.	Residents of Crawford, Franklin, Polk, Sebastian, Scott, Logan.	Access via DHS/HHS referral; regional offices
Southwest Arkansas Counseling & Mental Health Center	Similar behavioral/mental health services including AT.	Residents in Howard, Sevier, Little River.	Service area includes Howard, Sevier, Little River via DHS/HHS https://www.facebook.com/SWACMHC.INC/ 2904 Arkansas Boulevard, Texarkana, Ar 71854 (870) 733-4655 or (800)-652-9166
Ouachita Behavioral Health and Wellness-DASEP, PATH, Evaluations, Walk-in Clinic			125 Wellness Way Hot Springs, Ar. 71913 (501)-624-7111 or ESN: (800)-264-2410 https://obhaw.org/programs/adults/



Community Resources Pt. 2

[Back to the Region Index](#)

County	Service Name	Services Provided  	How to Access  	Payment & Eligibility  \$
All listed	UAMS Outpatient Therapy (Fort Smith region)	 In-person PT, OT, Speech  Telehealth	 Via UAMS main line  UAMS Rehabilitation (UAMS Health)	 Sliding scale \$ Medicaid & insurance accepted
Crawford, Sebastian	Mercy Therapy Services – Dallas Street (Fort Smith)	 In-person PT, OT, Speech  Telehealth	 (479) 314-6186  7610 Dallas St, Fort Smith, AR 72903  Mercy Therapy – Dallas St	 Insurance accepted \$ Ask about sliding scale
Crawford, Sebastian	Mercy Therapy – Fort Smith Orthopedic Hospital	 PT, OT, Speech, Neurological Rehab	 (479) 709-8350  3601 S. 79th St, Fort Smith, AR 72903  Mercy Orthopedic	 Insurance accepted \$ Inquire about financial aid
All listed	Arkansas Medicaid Therapy Providers	 PT, OT, Speech via outpatient/home health  Telehealth	 Ask PCP for referral  AR Medicaid Providers	 Free if Medicaid-eligible
All listed	Arkansas Rehabilitation Services (ARS)	 OT, Speech, Assistive Tech, Vocational Rehab	 (501) 296-1600  AR Rehabilitation Services	 Free for adults with disabilities
Sebastian	Mercy Rehabilitation Hospital – Fort Smith (Inpatient)	 Intense inpatient PT, OT, Speech for stroke, brain injury, trauma	 via Mercy; check [Mercy Rehabilitation Hospital website]	 Insurance-based; may qualify for medicaid-funded inpatient care

Region 4 Index

- Support Groups
- Transportation Services
- Assistive Technology
- Community Resources
- Substance Abuse Resources

Counties Here:








- Pope
- Van Buren
- Cleburne
- Conway
- Yell
- Faulkner
- Perry



















Region 4: Support Groups

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*While there are not any TBI support groups within these counties directly, these are two in-person support groups that are close to these counties. Click [HERE](#) to see online resources for support groups for more information!













County	Group Name / Resource	Location and Address	Meeting & Contact Info	Website Link	Coverage Area
Faulkner (Conway)	Brain Injury Survivor Group – Conway	 3165 Cresthaven St., Conway, AR 72034	 Contact the Arkansas Brain Injury Association for meeting info: 501-747-9596	 biaarkansas.org	Faulkner, Conway, Perry, Van Buren
Pulaski (for nearby counties like Perry, Faulkner, Yell, Pope)	Brain Injury Association of Arkansas – In-Person Group	 9501 Baptist Health Dr., Little Rock, AR 72205	 Meets 2nd Tuesday monthly, 6:00–7:00 PM  Diane Gottsponer: 501-202-7047	 biaarkansas.org	Pulaski, Perry, Faulkner, Pope, Yell

Region 4: Transportation Services

County	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed(Pope, Van Buren, Cleburne, Conway, Yell, Faulkner, Perry)	Arkansas Medicaid NET (Non-Emergency Transportation)	 Rides to Medicaid-covered appointments via shared vans with wheelchair/lift access.	 Call 1-888-987-1200 at least 48h before appointment  NET Info	 Free with Medicaid / ARKids First-A
Pope, Conway, Yell, Perry	Western Transit System (WTS)	 Rural public transit including accessible vans for individuals with disabilities.	 855-642-0060 or 479-424-2098  WTS Website	 Fare-based; Medicaid/Medicare billing possible
Faulkner (Conway)	Metro Connect – Conway	 On-demand ride service to medical and essential appointments.	 501-476-3761  Metro Connect	 \$5 pickup + \$1.50/mi; may accept Medicaid/Medicare billing
All listed	Ealy Transportation (Conway)	 Local and long-distance medical transport with wheelchair access.	 501-358-6177  Ealy Transportation Facebook	 \$25 flat + mileage; accepts Medicare/Medicaid (confirm in advance)








Region 4: Transportation Services Pt. 2

County	Service Name	What it Offers	How to Access	Payment/Eligibility
Pope (Russellville)	Affordable Taxi of Pope County / AAA Taxi	 Taxi-style local transport for medical and daily needs.	 Affordable Taxi: 479-518-5705  AAA Taxi: 479-967-7433	 Fare-based; Medicaid/Medicare billing possible (call to confirm)
Van Buren (Clinton)	Clinton Senior Center / Van Buren Co. Aging Program	 In-county senior and medical transport.	 Senior Center: 501-745-2544  Aging Program: 501-745-2244	 Usually free/low-cost for seniors and Medicaid participants
All listed	Area Agency on Aging – West Central AR	 Senior-focused transportation including non-emergency medical rides.	 501-321-2811 / 800-467-2170  AAA West Central	 Free/low-cost for eligible adults (60+)

Region 4: Assistive Technology











[Back to the
Region Index](#)

Name	What it Offers	Who it Helps	How to Access
Increasing Capabilities Access Network (iCAN)	Statewide assistive technology device reuse, demonstrations, training, and info services.	Arkansans of all ages with disabilities or health issues.	 5401 S. University Ave., Little Rock, AR 72209  501-666-8868 / 800-828-2799  ar-ican.org
Telecommunications Access Program (TAP)	Free telecommunication equipment for eligible individuals with disabilities.	Arkansas residents with certified disabilities who use personal telecommunication services.	 TAP Application & Info
Arkansas State University-Beebe – Disability Services	Assistive software and technology support for students with disabilities.	ASU-Beebe students with disabilities.	 asub.edu Disability Services




























Region 4: Assistive Technology Pt. 2

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Name	What it Does	Who it Helps	How to Access
Alternative Financing Program (AFP)	Low-interest loans to purchase assistive technology devices and services.	Arkansas residents with disabilities needing financial assistance.	 501-296-1663  afp@dws.arkansas.gov  dws.arkansas.gov
Division of Services for the Blind (DSB)	Assistive technology training and devices for people who are blind or visually impaired.	Individuals who are blind or visually impaired.	 800-232-5463  dsb@dhs.arkansas.gov  aphconnectcenter.org
ARChoices in Home Care	Medicaid waiver program providing home modifications and AT for eligible adults.	Medicaid-eligible adults with physical disabilities.	 homemods.org ARChoices
University of Central Arkansas – OARS	Assistive technology devices and training for college students with disabilities.	UCA students with disabilities.	 501-450-3613  oars@uca.edu  uca.edu/oars



















Region 4: Community Resources

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County	Service Name	Services Provided  	How to Access  	Payment & Eligibility  
All listed	UAMS Outpatient Therapy Clinics (Little Rock, Conway)	 In-person PT, OT, Speech  Telehealth options	 (501) 686-8000 (LR);  (501) 327-1000 (Conway)  UAMS Rehabilitation	 Sliding-scale fees  Medicaid & private insurance accepted
Pope, Conway	Conway Regional Physical Therapy & Rehab	 In-clinic PT, OT, Speech services	 (501) 327-1090  1501 Professional Dr, Conway, AR 72034  Conway Regional Rehabilitation	 Insurance accepted  Ask about financial assistance/sliding scale
Faulkner, Perry	Saint Vincent Rehabilitation Clinics	 In-person OT, PT, Speech  Telehealth options	 (501) 552-1000  Saint Vincent Rehab	 Insurance & Medicaid accepted  Inquire about reduced-fee plans



Community Resources Pt. 2

County	Service Name	Services Provided  	How to Access  	Payment & Eligibility  
All listed	Arkansas Medicaid Therapy Providers	 PT, OT, Speech via outpatient or home health  Telehealth	 Referral from PCP  Find Medicaid Providers	 Free for Medicaid-eligible adults
All listed	Arkansas Rehabilitation Services (ARS)	 OT, Speech, Assistive Tech, Vocational Rehab	 (501) 296-1600  AR Rehab Services	 Free for adults with disabilities (including TBI, stroke survivors)
Van Buren, Cleburne, Yell	Local Independent Living Centers	 Virtual peer support & assistive tech training (OT-aligned)	 Search your local regional center via Arkansas IL Network	 Free; open to adults with physical or cognitive disabilities

Region 5 Index

- Support Groups
- Transportation Services
- Assistive Technology
- Community Resources
- Substance Abuse Resources









Counties Here:

- White
- Woodruff
- Prairie
- Lonoke
- Pulaski















Region 5: Support Groups

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County	Group Name	Location and Address	Meeting & Contact Info	Website Link	Coverage
Pulaski	Brain Injury Support Group – Little Rock	 Baptist Health Rehabilitation Institute – Ground Floor, Inservice Education Room 9501 Baptist Health Dr., Little Rock, AR 72205	 2nd Wednesday monthly, 11:30 AM–1:00 PM  Diane Gottsponer: 501-202-7047	 biaarkansas.org (idhi.uams.edu , biaarkansas.org)	Pulaski, accessible to Prairie, Lonoke, White
Pulaski	TBI Support Group – Benton (via NR Timber Ridge)	 Timber Ridge Ranch NeuroRestorative Services 15000 Hwy 298, Benton, AR 72015	 4th Friday monthly, 10:00 AM–12:00 PM  Mike Bell: 501-594-8291	 neurorestorative.com	Pulaski, White, Lonoke, Prairie
Pulaski	TBI Support Group at Baptist Health Rehabilitation Institute	Baptist Health Rehabilitation Institute Ground Floor – Therapeutic Recreation Room Little Rock, Arkansas	This group meets on the second Tuesday of each month from 6 to 7 pm. Diane Gottsponer at 501-202-7047 or Tdgottsp@baptist-health.org	https://brainandspinalcord.org/support-groups/-brain-injury-arkansas/	Pulaski, White, Lonoke, Prairie
















Region 5: Transportation Services

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County	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET (Non-Emergency Transportation)	 Shared rides for Medicaid-covered medical appointments; wheelchair/lift access available	 Call 1-888-987-1200 (at least 48 h ahead)  More info & broker map	 Free with Medicaid / ARKids First-A (humanservices.arkansas.gov , uberhealth.com)
All listed	Verida NEMT (Arkansas Medicaid Broker)	 Regional brokered rides with wheelchair capabilities for appointment travel	 Region D (your counties): 1-888-822-6155  Verida Arkansas Members	 Free with Medicaid
Pope, Conway, Yell, Perry	Western Transit System (WTS)	 Rural transit with ADA-accessible vans for medical trips	 855-642-0060 or 479-424-2098  Aging West – Transportation	 Fare-based; Medicaid/Medicare billing possible


















Region 5: Transportation Services Pt. 2










Counties	Name of Service	Who it Helps	How to Access	Payment/ Eligibility
Van Buren	Uber Health (NEMT)	 HIPAA-compliant on-demand or scheduled rides; suitable for wheelchair assistance	 Healthcare provider arranges via Uber Health dashboard  Uber Health NEMT Van Buren	 Typically billed to provider; check Medicare/Medicaid coverage
Faulkner (Conway)	Jefferson Lines Medical Transport	 Long-distance coach service to medical facilities	 501-327-3128  See listings from Jefferson Lines	 Fare-based; wheelchair-accessible; Medicare/Medicaid billing varies
All listed	Area Agency on Aging – West Central AR	 Senior & disabled non-emergency medical transportation	 501-321-2811 / 800-467-2170  AAA West Central Transportation	 Free/low-cost for age 60+; supports Medicaid users
Pope (Russellville)	Pope County EMS Non-Emergent Transport	 Local wheelchair-accessible medical transport	 See Pope County EMS Services	 Typically Medicaid/Medicare reimbursable

Region 5: Assistive Technology

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Name	What it Offers	Who it Helps	How to Access
iCAN of Arkansas	Free AT device demos, loans, training, and referrals across Arkansas.	Anyone with a disability (including TBI), families, providers	 5401 S. University, Little Rock, AR 72209  800-828-2799  Link
AT @ Work	Workplace-based assistive tech assessments, training, and vocational rehabilitation support.	Individuals with disabilities needing workplace accommodations or job retention tools	 1 Commerce Way, Building 4, Little Rock, AR 72202  501-683-6052  Link
ESVI (Evaluation Services for the Visually Impaired)	AT evaluation and access for individuals with visual impairments.	Visually impaired individuals across Arkansas	 1401 W. Capitol Ave, Suite 450, Little Rock, AR 72201  501-682-4221  Link
ESRSS (Evaluation Services for the Seriously Sight-Impaired)	Specialized assessments and referrals for significant sight loss cases.	Individuals with severe visual disabilities	 1401 W. Capitol Ave, Suite 425, Little Rock, AR 72201  501-682-4221  Link
ARS Region 8 – Little Rock Office	AT evaluations, device training, and AFP low-interest financing.	TBI survivors, individuals with disabilities, students, job seekers	 5401 S. University Ave, Little Rock, AR 72209  501-682-0228  ARS Link

Region 5 Assistive Technology Pt. 2

Name	What it Offers	Who it Helps	How to Access
Arkansas Transition Services	Transition-focused assistive tech support for students with disabilities preparing for adulthood and independence. Offers evaluations, resources, and referrals.	Youth and young adults with disabilities (including TBI) transitioning from school to adult life.	 1401 W. Capitol Ave, Suite 450, Little Rock, AR 72201  501-682-4221  Link
Partners for Inclusive Communities – University of Arkansas	Advocacy, training, and assistive tech access for people with developmental and acquired disabilities. Supports inclusive living, learning, and working.	Individuals with disabilities and service providers across Arkansas.	 322 Main St., Suite 501, Little Rock, AR 72201  501-291-3217  Link
Searcy – Harding University OT / iCAN	Occupational therapy-driven assistive technology support and evaluations in partnership with iCAN. Offers hands-on access and support for AT tools.	Individuals with disabilities in White County and surrounding areas (including TBI patients).	 1300 South Main Street, Searcy, AR 72143  501-279-5410  Link

Region 5: Community Resources


























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Name/ Services	General Information	Link	Counties
Professional Counseling Associates- discounted Individual Therapy Group Therapy Family Therapy Psychiatric Services Grief Counseling Medication Management	3601 Richards Road, North Little Rock Ar., 72117 (501) 221-1843 ESN: (800)-356-3035	https://www.pca-ar.org/	
Community Services Program- Outpatient Care and Day services	Sherwood (501) 835-4174 Jacksonville (501) 982-7515 Cabot (501) 843-3503 Lonoke (501) 676-3151	https://www.pca-ar.org/images/services/Community Support Program Brochure DSP 10-8-20-2.pdf	Pulaski, Lonoke, Prairie




Region 5 Community Resources Pt. 2

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County	Service Name	Services Provided	How to Access   	Payment / Eligibility  
Pulaski	UAMS Outpatient Rehabilitation & Speech Clinic	 PT, OT, Speech  Telehealth available	 501-686-8000  4301 W. Markham St., Little Rock, AR 72205  UAMS Rehab (UAMS Health)	 Sliding scale  Medicaid & most insurance accepted
Pulaski	Easterseals AR – Center for Training & Wellness	 PT, OT, Speech in day-program setting	 501-367-1230  14901 Cantrell Rd., Little Rock, AR 72223  Easterseals Center (Easterseals Arkansas)	 Adults 18+ with disability/TBI  Medicaid, waivers & sliding-fee funds
Lonoke	Baptist Health Therapy Center – Cabot	 PT, OT, hand therapy; limited Speech  Virtual PT consults (call)	 501-843-9893  100 Northport Dr., Ste F, Cabot, AR 72023  Baptist-Health Cabot (Baptist Health)	 Financial-assistance desk  Medicaid & private insurance; self-pay discounts



Community Resources Pt.3

County	Service Name	Services Provided	How to Access   	Payment / Eligibility  
White	Unity Health Outpatient Rehab – Orthopaedic & Spi ne Ctr.	 PT, OT, Speech  Limited tele-rehab	 501-278-2868  710 Marion St., Searcy, AR 72143  Unity Health Rehab (Unity Health)	 Charity-care policy & grants  Medicaid / insurance; sliding-scale
Woodruff	ADH Woodruff County Health Center – Home Health	 In-home PT, OT, Speech via nurses & therapists	 870-731-2543  139 W. Hwy 64, McCrory, AR 72101  Woodruff Health Center (Arkansas Department of Human Services)	 Medicaid / Medicare home-health eligible  No cost to qualifying patients
Prairie	ADH Prairie County Health Unit – Des Arc (Home Health)	 In-home PT, OT, Speech (by referral)	 870-256-4430  204 Main St., Des Arc, AR 72040  County phone ref. list (ADH) (Arkansas Department of Health)	 Medicaid / Medicare home-health eligible  No cost to qualifying patients

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Counties Here:

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- Cross
- Mississippi
- Crittenden
- St. Francis
- Lee
- Phillips
- Monroe





















Region 6: Support Groups

County	Group Name	Location and Address	Meeting & Contact Info	Website Link	Coverage Area
Craighead	Jonesboro TBI Support Group	 Encompass Health (HealthSouth Rehab) – 1201 Fleming Ave., Jonesboro, AR 72401	 3rd Tuesday monthly, 3:00 PM  Ashley Watson: 870-351-5995	 brainandspinalcord.org (biausa.org , biausa.org , brainandspinalcord.org)	Craighead, Poinsett, Greene
Crittenden	West Memphis/Crittenden TBI Care†	 Baptist Memorial Hospital – 2100 N 7th St., West Memphis, AR 72301	 Hospital Rehab Dept: 870-394-7800	 Baptist Memorial West Memphis site	Crittenden; may include surrounding counties

Region 6: Transportation Services

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County	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET	 Shared non-emergency medical transport, wheelchair/lift vans	 Call 1-888-987-1200 at least 48 h before appointment  [NET program info](humanservices.arkansas.gov , healthv.arkansas.gov)	 Free with Medicaid / ARKids First-A
All listed	Verida NEMT (Medicaid Broker)	 Brokered wheelchair-accessible rides for Medicaid clients	 Region-specific Helpline: 1-888-822-6155  [Verida Arkansas Members]	 Free with Medicaid
Craighead / Poinsett etc.	Jonesboro JETS – Ride JETS	 Urban and ADA-accessible transit including paratransit	 [ridejets.com] (lookup JETS Paratransit)	 Medicaid/Medicare typically accepted
Craighead	Encompass Health Rehab Transport (Jonesboro)	 Wheelchair and stretcher-accessible rides for rehab patients	 Ashley Watson: 870-351-5995	 Billed to Medicare/Medicaid
Craighead	East Arkansas Family Health Center NEMT	 Local & long-distance medical transport, ADA-equipped	 Schedule 72 h in advance  [eafhc.org/transportation]	 Free to Medicaid patients


















Region 6: Assistive Technology

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Name	What it Offers	Who it Helps	How to Access
Increasing Capabilities Access Network (iCAN)	Free services including AT assessments, short-term device loans, product demos, training, and referrals to funding programs.	Individuals with disabilities (including those with TBI), families, caregivers, educators, and providers.	<p>📞 Call: 870-962-2224 🌐 Website: https://ar-ican.org</p> <p>Jonesboro Location Ink: https://equipment.ar-ican.org/program/programdetails?id=504</p> <p>📍 2501 Danner Ave Communications Disorders Dpt - 211C Jonesboro , AR 72401</p>
Arkansas Rehabilitation Services (ARS) – Region 4 (Jonesboro Office)	- AT evaluations and guidance – Support with training and device use - <i>Alternative Financing Program (AFP)</i> : Low-interest loans (up to \$50K) for purchasing assistive tech, communication tools, or home modifications.	People with disabilities (including TBI), students, job seekers, and anyone needing support with daily function or independence.	<p>📍 2920 McClellan Dr., Suite 4110, Jonesboro, AR 72401 📞 Call: 870-972-0025 🌐 ARS Contact Page</p>

Region 6: Community Resources

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County Areas	Service Name	What It Offers  	How to Access	Payment & Eligibility  
Craighead, Poinsett, Cross, Mississippi	UAMS Jonesboro Outpatient Therapy Clinic	 In-person OT, PT, speech  Telehealth options	 (870) 972-4195  2400 S. Caraway Rd, Jonesboro, AR 72401	 Sliding scale fees  Medicaid & private insurance accepted
Crittenden, St. Francis, Lee, Phillips, Monroe	East Arkansas Family Health Center (EAFHC)	 Speech & physical therapy in clinic  Telehealth available	 (870) 735-7000 Multiple locations incl. West Memphis	 Free or low-cost based on income and insurance
All listed counties	Arkansas Medicaid Therapy Services	 OT, PT, Speech through Medicaid providers  May include home health & outpatient clinics	Referral from PCP or rehab provider; check local Medicaid providers	 Free for Medicaid-eligible adults

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- Garland
- Hot Springs
- Clark
- Pike
- Hempstead
- Nevada
- Miller
- Lafayette



Region 7: Support Groups

County	Group Name	Location and Address	Meeting & Contact Info	Website Link
Hot Springs (Garland, Hot Springs)	Hot Springs Survivor Group	 Garland County Library – Meeting Room D1427 Malvern Ave, Hot Springs, AR	 Meets 1st Wednesday of each month, 1–2 PM  Bill Hartley: 501-416-6325	 biaarkansas.org (idhi.uams.edu , biaarkansas.org , biausa.org)
Saline	Benton NeuroRestorative Timber Ridge Group	 Timber Ridge Ranch / NeuroRestorative – 15000 Hwy 298, Benton, AR 72019	 4th Friday monthly, 10 AM-12 PM  Mike Bell: 501-594-8291	 brainandspinalcord.org
Clark	Clarksville TBI Support Group	 Emerald Dragon Restaurant, Clarksville, AR	 Meets monthly during lunch  Jim Spragins: 479-890-5751	 brainandspinalcord.org










Region 7: Transportation Services

County	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET	 Shared rides to Medicaid-covered healthcare with wheelchair/lift vans	 Call 1-888-987-1200 (48 h in advance)  NET Info	 Free for Medicaid / ARKids First-A (humanservices.arkansas.gov, southeastrans.com)
All listed	Verida NEMT (Arkansas Medicaid Broker)	 Brokered wheelchair-accessible Medicaid rides	 Region D helpline: 1-888-822-6155  Verida Members	 No-cost for Medicaid
All listed	Arkansas Brain Injury Council – Transportation Resource	 Information & referral for accessible transport options	 Reach via UAMS Brain Injury Program	 Resource/referral—not a provider








Region 7: Transportation Services Pt. 2

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County	Service Name	What It Offers	How to Access	Payment / Eligibility
Saline, Garland, Hot Springs	Saline County Senior & Disabled Transit	 Wheelchair-accessible local rides (non-emergency medical)	 County Transit Office (via DHS Saline County)	\$ Low-cost/free for seniors & Medicaid participants
Garland, Hot Springs, Clark, Pike	CareLink – Area Agency on Aging (Central AR)	 Accessible vans; oxygen & lift-equipped vehicles	 501-372-5300  CareLink Transportation	\$ Free/low-cost for age 60+ & Medicaid
Miller, Lafayette	Christus St. Michael Health EMT Contract	 Wheelchair & stretcher-equipped non-emergency medical transport	 Christus St. Michael billing or EMT dispatch	\$ Billed to Medicare/Medicaid; confirm eligibility
Nevada, Hempstead, Pike	Southwest Health System Non-Emergency Transport	 Medical appointment transport with ADA vehicles	 Contact Southwest Health dispatch	\$ Medicare/Medicaid billing based on service
































Region 7: Assistive Technology

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Name	What it Offers	Who it Helps	How to Access
Increasing Capabilities Access Network (iCAN)	Free AT assessments, short-term device loans, equipment demonstrations, training on use, and referrals.	Individuals with disabilities (including TBI), their caregivers, families, and service providers.	 Call: 1-800-828-2799  Website: https://ar-ican.org
Arkansas Rehabilitation Services (ARS) – Region 5 (Hope Office)	<ul style="list-style-type: none">- Assistive Technology evaluations and training- AT device procurement and maintenance - <i>Alternative Financing Program (AFP)</i>: Low-interest loans (up to \$50K over 20 years) to purchase AT devices or home modifications.	People with disabilities (including TBI), students, and individuals seeking employment or independence.	 205 Smith Road, Hope, AR 71801  Call: 870-777-3421  ARS Contact Page

Region 7: Community Resources

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County	Service Name	Services Provided  	How to Access   	Payment / Eligibility  
Saline, Garland	Saline Memorial Hospital – Rehab Services	 In-person PT, OT, Speech  Telehealth consults	 501-776-6145  3620 W. Plainview Rd, Benton, AR 72015  SMH Rehab (Saline Health System)	 Insurance accepted  Sliding scale available
Garland, Hot Springs, Clark, Pike	Healthy Connections – Hot Springs & Village	 In-clinic PT, OT, Speech  Telehealth Behavioral Health also	 888-710-8220  Multiple locations: Hot Springs / Village  Healthy Connections	 Medicaid, Medicare, private insurance  Sliding-scale – no one turned away
Hempstead, Nevada, Miller, Lafayette	Ouachita Behavioral Health & Wellness	 In-person behavioral health + therapy support	 (online listing; provider near Hot Springs)  Ouachita BH&W	 Sliding fee scale available  Free for qualifying patients
All listed counties	Arkansas Medicaid Therapy Providers	 PT, OT, Speech via outpatient/home health  Telehealth in some cases	 Request PCP referral  Arkansas Medicaid	 Free for Medicaid-eligible adults

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- Dallas
- Ouachita
- Calhoun
- Columbia
- Union























Region 8: Support Groups

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County	Group Name	Location and Address	Meeting & Contact Info	Website Link
Jefferson	Little Rock In-Person Survivor Group	 Baptist Health Rehabilitation Institute, Ground Floor – Therapeutic Recreation Room 9501 Baptist Health Dr., Little Rock, AR 72205	 2nd Wednesday monthly, 11:30 AM–1 PM  Diane Gottsponer: 501-202-7047	 biaarkansas.org (idhi.uams.edu , brainandspinalcord.org)
Union	El Dorado Survivor Group	 South Arkansas Regional Hospital, Conference Room 2700 W. Grove St., El Dorado, AR 71730	 3rd Tuesday monthly, 5:00–6:30 PM  RSVP: arkansasbia@gmail.com	 biaarkansas.org
Grant, Dallas, Ouachita, Calhoun, Columbia	(No dedicated group found)	—	 Residents are encouraged to attend Little Rock or El Dorado groups or contact BIAA to start a local group.	 biaarkansas.org

Region 8: Transportation Services

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County	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET (Non-Emergency Transportation)	 Door-to-door rides to Medicaid-covered appointments with wheelchair/lift access	 Call 1-888-987-1200 (48+ hours ahead)  NET Info	 Free for Medicaid beneficiaries
All listed	Verida NEMT (Arkansas Medicaid Broker)	 Brokered, wheelchair-accessible transportation services for Medicaid recipients	 Region D Helpline: 1-888-822-6155  Verida Members	 Free with Medicaid
Jefferson	Jefferson County Senior and Disabled Transit	 Wheelchair-accessible rides to medical and senior centers	 870-541-5406  Jefferson County Transit	 Usually free or low-cost for seniors and Medicaid
Union (El Dorado area)	South Arkansas Transit System	 ADA-accessible medical transport and general transit	 870-864-7901  South Arkansas Transit	 Medicaid/Medicare accepted
Arkansas, Grant, Dallas, Ouachita, Calhoun, Columbia	Arkansas Transit Association Member Services	 Various local transit providers with wheelchair accessibility	 Varies by county  Arkansas Transit Association	 Medicaid/Medicare billing options vary

Region 8: Assistive Technology

Name	What it Offers	Who it Helps	How to Access
Increasing Capabilities Access Network (iCAN)	Free AT assessments, device loans, equipment demonstrations, training, and referrals.	Individuals with disabilities (including those with TBI), their families, caregivers, and service providers.	 Call: 1-800-828-2799  Website: https://ar-ican.org/
Arkansas Rehabilitation Services (ARS) – Region 6 (Pine Bluff Office)	- Assistive technology evaluations and procurement - Training on use and maintenance - <i>Alternative Financing Program (AFP)</i> : Low-interest loans (up to \$50,000) for AT purchases	People with disabilities (including TBI), families, students, and workers needing support to regain independence.	 1001 S. Tennessee St., Pine Bluff, AR 71601  Call: 870-534-2404  ARS Contact Page

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Counties	Name	Services Provided	How to Access	Payment / Eligibility
Calhoun, Columbia, Dallas, Ouachita, Nevada, Union	Newhaven Counseling and Health 🏢	Discounted therapy services 💬	715 North College, El Dorado, AR 71730 📞 (870)-862-7921 or (800)-825-1554 🌐 newhavenchs.org	Not specified
Arkansas, Cleveland, Grant, Jefferson, Lincoln	Southeast Arkansas Behavioral Healthcare System, Inc. 🏢	Behavioral healthcare services 🧠	2500 Rike Drive, Pine Bluff, AR 71913 📞 (870)-534-1834 or (800)-272-2008 🌐 sabhs.org	Not specified
Jefferson (Pine Bluff region)	Jefferson Regional Outpatient Therapy	🚗 PT, OT, Speech (stroke, neuro, ortho rehab) 💻 Telehealth options	📞 (870) 541-3271 📍 Medical Center Drive, Pine Bluff, AR 🔗 [Jacobson Therapy – JPMC website] (Kentucky Department of Education , JPMC)	✅ Insurance & Medicare accepted 💰 Sliding scale available

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- Lincoln
- Drew
- Desha
- Chicot
- Ashley
- Bradley





Region 9: Support Groups

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*While there are not any TBI support groups within these counties directly, these are in-person support groups that are close to these counties. Click [HERE](#) to see online resources for support groups for more information!

Nearest County	Group Name	Location & Address	Meeting & Contact Info	Website Link
Pulaski (Little Rock)	Little Rock In-Person Survivor Group	 Baptist Health Rehabilitation Institute, Ground Floor Inservice Room, 9501 Baptist Health Dr., Little Rock, AR 72205	 2nd Wednesday monthly, 11:30 AM – 1:00 PM  Diane Gottsponer: 501-202-7047	 biaarkansas.org (idhi.uams.edu , findhelp.org)
Union (El Dorado)	El Dorado Survivor Group	 South Arkansas Regional Hospital – Conference Room 2, 700 W. Grove St., El Dorado, AR 71730	 3rd Tuesday monthly, 5:00 – 6:30 PM  RSVP: arkansasbia@gmail.com	 biaarkansas.org
Garland (Hot Springs)	Hot Springs Survivor Group	 Garland County Library, Meeting Room D, 1427 Malvern Ave., Hot Springs, AR	 1st Wednesday monthly, 1:00 – 2:00 PM  Bill Hartley: 501-416-6325	 biaarkansas.org
Baxter Region (Mountain Home)	Mountain Home Survivor Group	 Donald W. Reynolds Baxter County Library – Knox Community Room B, 300 Library Hill Ln., Mountain Home, AR 72653	 3rd Friday monthly, 1:00 – 2:00 PM  RSVP: arkansasbia@gmail.com	 biaarkansas.org

Region 9: Transportation Services

Name	General Information	How to Access	Link	Other Counties	Payment / Eligibility
SEAT – Southeast Arkansas Transportation 	709 E 8th Ave., Pine Bluff, AR 71601  (870) 543-6340 TTY: (870) 543-6339  Toll-Free: 1-866-501-7328  Mon-Fri, 8:00am–5:00pm	Call the main phone numbers during office hours to schedule non-emergent transportation services.	aaasea.org/services/transportation	Arkansas, Ashley, Bradley, Chicot, Cleveland, Desha, Drew, Grant, Jefferson, Lincoln	Usually Medicaid or other qualifying criteria; contact provider for details

Region 9: Assistive Technology

Name	What it offers	Who it helps	How to Access
Increasing Capabilities Access Network (iCAN)	Free AT assessments, device loans, demonstrations, training, and referrals.	People with disabilities (including TBI), their families, and providers.	Contact iCAN at 1-800-828-2799 or visit their website here: https://ar-ican.org/
Arkansas Rehabilitation Services (ARS) – Region 9 (Monticello Office)	AT evaluation, procurement, training, and maintenance Low-interest loans (up to \$50K over 20 years) to acquire AT devices https://dws.arkansas.gov/ar-rehabilitation-services/contact-ars/?utm_source=chatgpt.com	People with disabilities (including TBI), their families, and providers.	Monticello ARS Office (Region 9) serves Ashley, Bradley, Chicot, Cleveland, Desha, Drew, Lincoln counties:  812 N. Main St., Monticello, AR 71657  870-367-9669

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Name and What it Provides	General Information	Link	County/ surrounding counties
Community Mental Health Centers – Delta Counseling Associates Offers outpatient/inpatient treatment for depression, PTSD, substance use, anxiety, trauma, family therapy, and more	Main office in Monticello: 790 Roberts Dr, Monticello, AR 71655; Tel: (870) 367-2461		Ashley, Bradley, Chicot, Desha, Drew
Southeast Arkansas Behavioral Healthcare System, Inc.	2500 Rike Drive, Pine Bluff, Ar 71913 (870)-534-1834 or (800)-272-2008	https://www.sabhs.org/	Arkansas, Cleveland, Grant, Jefferson, Lincoln

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Online Support Groups

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Support Group Name	When	Where	Contact
Online Survivor Support Group	Meets every Tuesday from 1:00pm to 2:00pm	From a computer: click https://v.ringcentral.com/join/894179693 OR From a smartphone: Download Ringcentral Meetings from your app store. Day of group click join meeting and use the following ID number: 894179693	For more information, contact NeCol Whitehead: nwhitehead@arsources.org or call/text 479-802-3903
Online Caregiver Support Group	Meets the 1st Monday of every month from 2:30pm to 3:30pm	From a computer: click https://v.ringcentral.com/join/894179693 OR From a smartphone: Download Ringcentral Meetings from your app store. Day of group click join meeting and use the following ID number: 894179693	For more information, contact NeCol Whitehead: nwhitehead@arsources.org or call/text 479-802-3903



Online Support Groups Pt. 2

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Support Groups	When	Where	Contact
Strive 2 Thrive Support Group (Online)	Meets the 1st and 3rd Mondays of each month from 6:30pm to 7:15pm	Webex Meeting Link Meeting number (access code): 2662 414 3747 Meeting password: ZyXsw3Nh9u7	Support group facilitated by Baylor Scott and White Research Department. Email TBIPeerMentorProgram@BSWHealth.org for questions.
Strive 2 Thrive Support Group (Online)	Meets the 2nd & 4th Monday of each month from 1:00pm to 1:45pm.	Webex Meeting Link Meeting number (access code): 2662 299 5665 Meeting password: iwNj8yAS3p6	Support group facilitated by Baylor Scott and White Research Department. Email TBIPeerMentorProgram@BSWHealth.org for questions.

CARE: Care and Resilience Education Workshop

This program consists of 6 virtual bi-weekly sessions, each lasting 2.5 hours. The first session is required, but you can choose which of the remaining sessions you'd like to attend. Participation is completely free.

Learn How to Manage:

- Caregiver Stress
- Psychiatric Symptoms
- Impulsivity
- Amotivation & Apathy
- Amnesia
- Aphasia
- Agitation

Link to website with requirements and application

- <https://idhi.uams.edu/brain-injury-program/resource-directory/care-workshop/>

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THRIVE: The Holistic Rehabilitation Intervention Experience

This is a 12 week program (virtual or in person) you get real-world opportunities to practice strategies learned in sessions. These strategies help improve thinking skills, manage emotional distress, and support recovery, giving participants practical tools for daily life.

Topics include:

- Attention
- Memory
- Adjusting to Your Injury
- Community Support
- Depression
- Anxiety
- Health Relationships
- Communication

Link for website with requirements and application:

- <https://idhi.uams.edu/brain-injury-program/resource-directory/thrive/>

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Online Transportation Information

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<u>US Department of Transportation: Traveling with a Disability</u>	Airlines must provide various types of assistance to passengers with disabilities, including help with boarding, deplaning, connecting flights, seating accommodations, and handling assistive devices. The U.S. Department of Transportation (DOT) offers training materials to help these passengers understand their rights.
<u>Driver's Education & Evaluation</u>	Visit to view a list of programs in and around Arkansas to help you get back to driving.
<u>Mercy Medical Angels Mercy Medical Angels Mercy Medical Angels</u>	Mercy Medical Angels has been providing free transportation to medical care since 1972. On the ground with gas cards, bus and train tickets and in the air with trips flown by volunteer pilots and the commercial airlines Mercy Medical Angels is here to ensure that no one in need is denied medical care because they don't have transportation.
<u>Trailink – Rails to Trails Conservancy</u>	Find the top rated wheelchair accessible trails in Arkansas, whether you're looking for an easy short wheelchair accessible trail or a long wheelchair accessible trail, you'll find what you're looking for.
<u>Vehicle Modifications</u>	This section offers information about companies and technologies for people who need to purchase an accessible vehicle or have a vehicle modified. For financing options, <u>click here</u> .
<u>Wheelchair Getaways</u>	Wheelchair Getaways lets you rent wheelchair accessible vans at over 190 locations nationwide.

Online Transportation Pt. 2: Statewide Information

Name	Phone Number	Link	Other Counties
NET	Think is a link to the map of the NET regions and each of the phone numbers affiliated with these. Click the link to find your region and phone number using the county you found at the beginning of this! https://medicaid.afmc.org/images/AFMC_NET_map_ENGLISH_20230101_v12.pdf	How to schedule a ride https://humanservices.arkansas.gov/divisions-shared-services/medical-services/healthcare-programs/net-non-emergency-transportation/?utm_source=chatgpt.com	All counties in Arkansas have coverage!



Online Assistive Technology: iCAN

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The Increasing Capabilities Access Network (iCAN) is Arkansas's statewide Assistive Technology program, dedicated to making technology accessible to all residents, regardless of age, income, or disability. iCAN provides free services such as device loans, demonstrations, training, and equipment reuse to help individuals live, work, and communicate more independently. More information can be found below!

- **Link to Website:** <https://ar-ican.org/resources-help/>
- **Link to Assistive Technology search engine:** <https://equipment.ar-ican.org/item>
- **Address:** 5401 S. University Little Rock, AR 72209
- **Phone:** (501) 666-8868
- **Toll-Free:** (800) 828-2799
- **Email:** ican@arkansas.gov
- **Director information:** Rick Anderson
 - Email: @rick.anderson@arkansas.gov
 - Can assist with; device demo, device loan, and reutilization of devices
- **Financial Loan Information**
 - Contact Name: Henry Washington
 - Email: Henry.Washington@arkansas.gov



Assistive Technology Pt. 2

<u>ActiveAid</u>	ActiveAid specializes in providing customers with the highest quality shower chairs, commode chairs, raised toilet seats and bath benches.
<u>Adapt Health</u>	Adapt Health is a durable medical equipment (DME) company that provides respiratory therapy services and medical equipment to primarily older adults. There are several locations located around Arkansas.
<u>Arkansas Relay Services</u>	Arkansas Relay offers free, confidential phone services 24/7 for people who are Deaf, Hard of Hearing, or DeafBlind. Trained operators help connect calls to anyone, anywhere.
<u>ICAN – Tools for Life</u>	(iCAN) is connecting Arkansans with the technology they need to help them learn, work, communicate and live more independently.
<u>Telecommunication Access Program</u>	The Telecommunication Access Program (TAP) provides specialized telecommunication equipment to eligible Arkansans who are deaf, hard of hearing, deaf-blind, or who have a speech, visual, mobility, or intellectual impairment.


















Online Community Resources

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Resource	Services	Online Options	Cost	Website & Contact Info
SOURCES for Community Independent Living	Life skills training, assistive tech, support groups (OT-style focus)	✅ Weekly Zoom classes	Free	arsources.org 📞 (479) 927-4100 ✉️ Contact Form
TBI Survivors Network	OT/PT/ST peer support, advocacy, virtual support groups	✅ Weekly Zoom groups	Free	tbisn.org ✉️ tbisn@tbisn.org 📞 (360) 754-0764
UAMS Speech & Hearing Clinic	Speech/language/swallowing therapy for adults	🟡 <i>Call to confirm telehealth</i>	Sliding scale	uamshealth.com Speech Clinic 📞 (501) 569-3155
Project Connect – Arkansas Total Care	Statewide therapy provider guide (OT, PT, ST) for Medicaid adults	🟡 Clinic-dependent	Free (Medicaid)	📄 Project Connect Guide (PDF) arkansastotalcare.com 📞 1-866-282-6280
ARPTA (Arkansas Physical Therapy Association)	PT-related CEU events, advocacy, public education	🟡 Some virtual events	Varies	arpta.org ✉️ arpta@aptainc.org 📞 (501) 244-9028
Easterseals Arkansas – Adult Services	Day programs, OT/PT/speech therapy, job support	🟡 Call for online options	Free / Medicaid	easterseals.com/arkansas 📞 (501) 227-3600 ✉️ info@eastersealsar.com

Online Substance Abuse Disorders (SAD) Resources















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Program Name	Type	What It Offers  	How to Access	Cost / Eligibility  
Arkansas Regional Service Committee of Narcotics Anonymous (NA)	NA (Narcotics Anonymous)	 Local and virtual peer-led recovery meetings	 Find a local meeting  Virtual NA info  Virtual-NA.org	 Free Open to all seeking recovery
Alcoholics Anonymous – Arkansas Directory	AA (Alcoholics Anonymous)	 Online and in-person AA meetings for alcohol recovery	 AA Meeting Directory  Sober.com AA Listings	 Free Anonymous & open to all
SMART Recovery	Peer-Based Recovery Program	 Science-based, non-12-step online meetings & tools for addiction recovery (substance & behavioral)	 smartrecovery.org	 Free to join groups  Some optional paid tools



Online SAD Resources Pt. 2

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Program Name	Type	What It Offers  	How to Access	Cost / Eligibility  
Loosid	Sober Social Network & Recovery App	 App-based sober community, daily motivation, and anonymous support chats	 loosidapp.com	 Free app Optional premium features
Recovery Dharma	Peer-Based Meditation Recovery	 Online meetings using Buddhist principles for addiction recovery	 recoverydharma.org	 Free Donations accepted
Online Mental Health & Substance Abuse Resource Portal	Mental Health + SUD	 Directory of virtual therapy, counseling, and group support services	 SAMHSA Treatment Locator  211.org	 Free/low-cost options based on income or insurance

Online Mental Health Resources

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<u>988 Suicide & Crisis Lifeline</u>	The Lifeline offers free, confidential support 24/7 for anyone in distress. Call or text 988, or use the live chat at 988lifeline.org .
<u>AR ConnectNow</u>	If you're facing mental health challenges like depression, anxiety, or stress, call the AR ConnectNow call center anytime at 501-526-3563 or 800-482-9921. The virtual clinic is open Monday through Friday, 8am to 5pm
<u>Arkansas Crisis Stabilization Units</u>	Arkansas has four Crisis Stabilization Units, which were created to be alternatives to jails and emergency rooms for people in crisis who encounter law enforcement.
<u>Arkansas Relationship Counseling Center</u>	If you're interested in individual, relationship, or family counseling, we've partnered with the Arkansas Relationship Counseling Center to support you. Contact us at braininjury@uams.edu or (501) 526-7656 to learn more.
<u>Psychology Today</u>	Find mental health providers in your area. Filter by location, insurance, age, types of therapy and more.
<u>Suicide Safety Plan</u>	A safety plan is a step-by-step guide of coping strategies and support resources. It helps you recognize triggers for suicidal thoughts and find ways to feel better and stay safe.
<u>UAMS Psychiatric Research Institute</u>	The UAMS Psychiatric Research Institute is a unique facility dedicated to treating and studying mental illness, with expert staff caring for patients of all ages and needs.



Can't Find What You Need?

This link below will take you to the Arkansas Children's Resource Center. Here you will find a search bar, where you can enter in you zip code. Once you have done this there will be programs and information for other resources found in the area that live. Click the link below to start searching! Enjoy your journey!

Arkansas Children Resource Connect:
<https://resources.archildrens.org/>

Search and connect to support. Financial assistance, food pantries, medical care, and other free or reduced-cost **help starts here:**

**ZIP CODE
HERE**

72034

Q Search

**PROGRAMS
NEAR YOU**

The screenshot shows the website interface with a blue navigation bar at the top containing icons for various services: FOOD, HOUSING, GOODS, TRANSIT, HEALTH, MONEY, CARE, EDUCATION, WORK, and LEGAL. Below the navigation bar, a large upward-pointing arrow is positioned above the text '2,053 programs'. Underneath this, it specifies 'In the Conway, AR 72034 area'. A horizontal line separates this from the text 'Choose from the categories above and browse local programs'. On the right side of the page, the Arkansas Children's logo is displayed, featuring a blue circular icon with a white silhouette of a child's head, followed by the text 'Arkansas Children's' and 'HOSPITALS • RESEARCH • FOUNDATION' below it.

